




**FOOD SERVICE DIRECTOR**  
  
KIM BABCOCK  
  
This institution is an Equal Opportunity Provider

# MAY 2018

## WEST RUTLAND SCHOOL

We offer local products when available

**DAILY OFFERINGS:**  
  
**LITTLE ITALY**  
Whole Grain Pizza made Fresh Daily  
**SANDWICH SHOP**  
Peanut Butter & Jelly or Ham & Cheese Sandwich  
**GRAB & GO**  
Yogurt Meal includes Yogurt, Granola Bar, String Cheese & Salad Bar  
**Mon, Wed, Fri**  
Yogurt Parfait  
**Tues & Thurs**  
Fruit Smoothie  
**HALAPENOS**  
**Mon, Wed, Fri**  
Build your own Taco or Nachos with a variety of fun items including Jalapenos  
**THE SIZZLER**  
**Tues & Thurs**  
A variety of kid favorite options such as Chicken Nuggets, Cheeseburgers, Fishwich & More  
**GREENS & THINGS**  
A variety of Fruits, Vegetables, Legumes and more  
**CHOICE OF MILK:**  
Fat Free Chocolate, Skim or 1%  
  
Menu Subject to Change!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Italian Meatball Sub Topped w/Cheese Baked Potato Wedges</p>	<p>2 Ham, Egg &amp; Cheese on an English Muffin Golden Hash Brown</p>	<p>3 Spicy General Tso Chicken Wrap Steamed Brown Rice Fiesta Corn Fortune Cookie</p>	<p>4 Beefy Macaroni Garlic Bread Stick Steamed Broccoli</p>
<p>7 Fish Filet on a Bun Sweet Potato Fries Cucumber Coins</p>	<p>8 Grilled Ham &amp; Cheese Sandwich Piping Hot Tomato Soup Baby Carrot Bites w/Dip</p>	<p>9 Piping Hot Pancakes Sausage Patty Tasty Tater Tots</p>	<p>10 Chicken Pot Pie w/Mixed Veggies Whipped Potatoes</p>	<p>11 Spaghetti w/Meat Sauce Garlic Bread Stick Seasoned Green Beans</p>
<p>14 Sweet Italian Sausage w/Peppers &amp; Onions on a WG Roll Sweet Potato Fries Veggie Bites w/Dip</p>	<p>15 Cheese or Pepperoni Pizza Bagel Garlic Green Beans</p>	<p>16 French Toast Sticks w/Syrup Sausage Links Seasoned Home Fries</p>	<p>17 Open Face Hot Turkey Sandwich Whipped Potatoes w/Gravy Maple Glazed Carrots</p>	<p>18 Cheesy Rotini w/Meat Sauce WW Dinner Roll Vegetable Medley</p>
<p>21 Pig in a Whole Wheat Blanket Baked Beans Carrot Bites w/Dip</p>	<p>22 Chicken Parmesan Sandwich Oven Baked Fries Cucumber &amp; Tomato Salad</p>	<p>23 Scrumptious Scrambled Eggs WW Toast Bacon Strips Sweet Potato Tots</p>	<p>24 Build your own Burger Lettuce, Tomato, Cheese, Onions Oven Baked Fries Celery Sticks w/PB</p>	<p>25 Home Style Mac &amp; Cheese WW Dinner Roll Grilled Broccoli</p>
<p>28   MEMORIAL DAY</p>	<p>29 Sloppy Joe on a Bun Oven Baked Fries Steamed Broccoli</p>	<p>30 Warm Waffles w/Syrup Sausage Patty Seasoned Home Fries</p>	<p>31 Chicken Patty on a Bun Golden Tater Tots Carrot Sticks w/Dip</p>	

### HARVEST OF THE MONTH **RADISH**



**Breakfast Prices**

PAID \$1.50  
REDUCED \$0.00  
ADULT \$2.50

**LUNCH PRICES**

PAID \$2.75  
REDUCED \$0.00  
ADULT \$3.60  
MILK \$0.50

