

FOOD SERVICE DIRECTOR

APRIL 2018

KIM BABCOCK

This institution is an Equal Opportunity Provider

WEST RUTLAND SCHOOL

We offer local products when available

DAILY OFFERINGS:

LITTLE ITALY

Whole Grain Pizza made Fresh Daily

SANDWICH SHOP

Peanut Butter & Jelly or Ham &

Cheese Sandwich

GRAB & GO

Yogurt Meal includes Yogurt, Granola Bar, String Cheese & Salad Bar

Mon, Wed, Fri

Yogurt Parfait

Tues & Thurs

Fruit Smoothie

HALAPENOS

Mon, Wed, Fri

Build your own Taco or Nachos with a variety of fun items including

Jalapenos

THE SIZZLER

Tues & Thurs

A variety of kid favorite options such as

Chicken Nuggets,

Cheeseburgers,

Fishwich & More

GREENS & THINGS

A variety of Fruits, Vegetables, Legumes and more

CHOICE OF MILK:

Fat Free Chocolate,

Skim or 1%

Menu Subject to Change!

MONDAY

2

Teriyaki Chicken Strips
Seasoned Fries
Steamed Broccoli

TUESDAY

3

Open Face Hot Turkey Sandwich
Whipped Potatoes w/Gravy
WW Dinner Roll
Butternut Squash

WEDNESDAY

4

Blueberry Pancakes w/Syrup
Sausage Patty
Golden Hashbrown

THURSDAY

5

Early Release!
Chicken Patty on a Bun
Or Fresh Baked Pizza
Oven Baked Fries
Carrot Sticks

FRIDAY

6

Spaghetti w/Meat Sauce
Toasted Garlic Bread
Mixed Veggies

9

Turkey & Cheese Sub
Confetti Pasta Salad
Celery w/Peanut Butter

10

Pulled Pork on a Bun
Sweet Potato Fries
Creamy Cole Slaw

11

Shepherds Pie
Vegetable Medley
WW Dinner Roll

12

Sweet & Sour Chicken
Steamed Rice
Oriental Veggies
Fortune Cookie

13

Cheesy Rotini
Garlic Bread Stick
Steamed Broccoli

16



17

NO SCHOOL

18



19

NO SCHOOL

20



23

Oven Baked Fish & Chips
Sweet Peas

24

Chicken N Biscuits
Whipped Potato
Glazed Carrots

25

Warm Waffles w/Syrup
Sausage Patty
Tasty Tater Tots

26

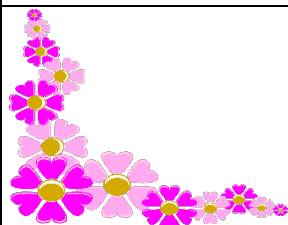
Home Style Meatloaf
Whipped Potatoes w/Gravy
WW Dinner Roll
Vegetable Medley

27

Home Style Mac & Cheese
Grilled Broccoli
Ww Dinner Roll

30

Sloppy Joe on a Bun
Sweet Potato Fries
Seasoned Green Beans



HARVEST OF THE MONTH CARROTS



Breakfast Prices

PAID \$1.50
REDUCED \$0.00
ADULT \$2.50

LUNCH PRICES

PAID \$2.75
REDUCED \$0.00
ADULT \$3.60
MILK \$0.50

