

**FOOD SERVICE DIRECTOR**

**KIM BABCOCK**

This institution is an  
Equal Opportunity  
Provider

# WEST RUTLAND SCHOOL

## FEBRUARY SCHOOL 2018

We offer local products  
when available

**DAILY OFFERINGS:**

**LITTLE ITALY**

Whole Grain Pizza  
made Fresh Daily

**SANDWICH SHOP**

Peanut Butter & Jelly  
or Ham &  
Cheese Sandwich  
**GRAB & GO**

Yogurt Meal includes  
Yogurt, Granola Bar,  
String Cheese & Salad  
Bar

**Mon, Wed, Fri**

**Tues & Thurs**

**HALAPENOS**

**Mon, Wed, Fri**

Build your own Taco or  
Nachos with a variety  
of fun items including  
Jalapenos

**THE SIZZLER**

**Tues & Thurs**

A variety of kid favorite  
options such as  
Chicken

**Nuggets,**

**Cheeseburgers,**

**Fishwich & More**

**GREENS & THINGS**

A variety of Fruits,  
Vegetables, Legumes  
and more

**CHOICE OF MILK:**

Low Fat Chocolate,

Skim or 1%

Menu Subject to Change!

**MONDAY**



5  
Build Your Own Burger  
Cheese, Lettuce, Tomato,  
Onions & Pickles  
Sweet Potato Fries

12  
Chicken N Biscuits  
Whipped Potatoes  
w/Gravy  
Steamed Broccoli



26  
Turkey Club Sub  
Baked Potato  
Wedges  
Broccoli Bites

**TUESDAY**



6  
Piping Hot Tomato  
Soup  
Grilled Cheese Sandwich  
Celery w/PB

13  
Chili Con Carne  
Warm Corn Bread  
Glazed Carrots



27  
Marinated Chicken  
Breast  
Fiesta Brown Rice  
Glazed Carrots

**WEDNESDAY**



7  
Pulled Pork on a Bun  
Tasty Tater Tots  
Creamy Cole Slaw

14  
French Toast Sticks  
w/Syrup  
Sausage Patty  
Golden Hash Brown



28  
Brunch for Lunch!  
French Toast Sticks  
w/syrup Ham Slices  
Tasty Tater Tots  
Yogurt Cup

**THURSDAY**

1  
Oven Baked Chicken  
Whipped Potatoes  
w/Gravy  
WW Dinner Roll  
Sweet Peas

8  
Hot Turkey Sandwich  
Whipped Potatoes  
w/Gravy  
Vegetable Medley

15  
Sweet & Sour Chicken  
Rice Pilaf  
Oriental Veggies  
Fortune Cookie



**FRIDAY**

2  
Home Style  
Mac &  
Cheese  
WW Bread &  
Butter  
Capri Veggies

9  
Spaghetti &  
Meatballs  
Garlic Bread Stick  
Grilled Broccoli

16  
Cheesy Baked  
Rotini  
Garlic Bread Stick  
Sweet Peas



### HARVEST OF THE MONTH CABBAGE



**Breakfast Prices**

PAID \$1.50  
REDUCED \$0.00  
ADULT \$2.50

**LUNCH PRICES**

PAID \$2.75  
REDUCED \$0.00  
ADULT \$3.60  
MILK \$0.50

