

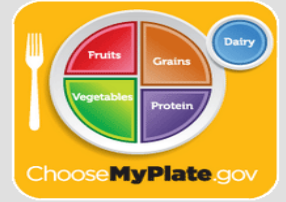
FOOD SERVICE DIRECTOR

KIM BABCOCK

USDA is an Equal
Opportunity Provider &
Employer

OCTOBER 2017

WEST RUTLAND SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 Savory Chicken Fajita Spanish Rice	3 Cheesy Rotini Toasted Garlic Bread Celery Sticks w/Dip	4 Brunch! Breakfast Burrito w/eggs, sausage and cheese Sweet Potato Fries	5 Open Face Hot Turkey Sandwich Whipped Potatoes w/Gravy Maple Glazed Carrots	6 Sloppy Joe on a Bun Oven Baked Fries Steamed Broccoli
	9 Hot Dog in a WW Bun Baked Beans	10 Cheesy Goulash Garlic Bread Stick Sweet Peas	11 Brunch for Lunch! Piping Hot Pancakes w/syrup Sausage links Seasoned Home Fries String Cheese	12 Chicken & Biscuits Whipped Potatoes w/Gravy Seasoned Green Beans	13 Cheesy Italian Dunkers w/Meat Sauce Broccoli Bites
	16 Build Your Own Burger Cheese, Lettuce, Tomato, Onion & Pickles Sweet Potato Fries	17 Classic Spaghetti w/ Meat Sauce Toasted Garlic Bread Cucumber & Tomato Salad	18 Brunch for Lunch! French Toast Sticks w/syrup Ham Slices Tasty Tater Tots Yogurt Cup	19 Sweet & Sour Chicken Rice Pilaf Oriental Veggies Fortune Cookie	20 No School!!
	23 Grilled Cheese Sandwich Piping Hot Tomato Soup Celery Sticks w/PB	24 Home Style Mac & Cheese WW Dinner Roll Steamed Broccoli	25 Brunch for Lunch! Scrumptious Scrambled Eggs Bacon Strips Sweet Potato Tots	26 Home Made Shepherds Pie WW Bread & Butter	27 Chicken Burrito Steamed Brown Rice Baby Carrots w/Dip
	30 Italian Meatball Sub topped with Mozzarella Cheese Sweet Potato Fries	31 Happy Halloween!! Delicious Meaty Lasagna WW Dinner Roll Sweet Peas		We offer local products when available.	

